

Direct Posterior Composites: The Backbone of the Esthetic Dental Practice

Jeff T. Blank, DMD, PA

Private Practice

Adjunct Instructor, MUSC College of Dental Medicine

Time Requirement: 2-3 Hours

Format: Lecture Only – Dynamic and Entertaining Power Point Presentation

Synopsis:

This program goes beyond techniques and materials, and focuses on a scientifically based rationale for handling these critical issues. Indications for direct posterior composites, gaining proper isolation, preparation designs for modern resin materials, deep and shallow dentin techniques, pulp-capping, the role of bases, incremental vertical layering, VCT (Viscous Composite Techniques), the use of flowable “liners,” managing polymerization stresses, gaining consistent interproximal contacts, and practical ways to expedite placement will all be illustrated. Both “total etch,” and “self-etch” systems and their indications will be discussed. Regardless of whether you have placed 1 or 1000 direct posterior composites, you are guaranteed to glean dozens of pearls from this eye-opening presentation.