

Fast, Furious and Fabulous Direct Posterior Composites

Course Description Half-Day Lecture (2.5 – 3 Hours)

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Description:

Recent surveys indicate that the use of direct resins in posterior teeth is on the rise, and soon to exceed that of amalgam if the trend continues. Despite their popularity, dentists still struggle with making sense of the various placement techniques, options for generating consistent contacts, and of course... post-operative sensitivity. This program goes beyond techniques and materials, and focuses on a scientifically based rationale for handling these critical issues. Indications for direct posterior composites, gaining proper isolation, preparation designs for modern resin materials, deep and shallow dentin techniques, pulp-capping, the role of bases, incremental vertical layering, VCT (Viscous Composite Techniques), the use of flowable “liners,” managing polymerization stresses, gaining consistent interproximal contacts, and practical ways to expedite placement will all be illustrated. The latest rationale behind the use of glass ionomers and RRGIs as well as remineralization techniques will be covered. Both “total etch,” and “self-etch” systems and their indications will be discussed. Regardless of whether you have placed 1 or 1000 direct posterior composites, you are guaranteed to glean dozens of pearls from this eye-opening presentation.

Course Outline:

- Indications for direct posterior composites
- Amalgam – Is it what it’s “cracked” up to be?
- Preparations for modern posterior direct composites
- Isolation techniques
- Creating dependable contacts every time!
- A fast and easy way to make your restorations virtually invisible everytime, using few shades!
- Handling restorations on cementum, the “sandwich” technique, high caries rate protocols
- Modern remineralization protocols.