

DR. JEFF BLANK



CAROLINA
SMILE
CENTER

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Caring for Your New Smile!

Congratulations! Your "Carolina Smile" represents the state-of-the-art care provided by one of the nation's top cosmetic dentists. The honor you have given us by choosing us to create the smile of your dreams is most appreciated. We invite you to tell a friend or colleague about the service you received and encourage them to schedule a smile consult when they are ready for a perfect smile.

Caring for your new smile is an important part of making your investment last. Most patients have questions about how to care for their new smile, so the following are the basic guidelines.

1. Return to our office every 4 months for follow-up care, gum and restoration maintenance, and cleaning.
 - a. This is imperative. At the Carolina Smile Center, we stand behind our work. You have made a significant investment in your new smile. Seeing us every 4 months allows us keep your smile bright, structurally sound and permits us to catch problems early if they occur.
2. Oral Hygiene:
 - a. You must brush your teeth with a soft tooth brush using any ADA approved toothpaste (the ADA seal of approval will be labeled on the toothpaste). However, we have researched the best toothpaste to use and recommend using Oxyfresh Toothpaste which is sold here in the office.
 - b. Floss daily. This is quite often the most ignored basic of good oral hygiene and is critical in the maintenance of your investment in your smile. Failing to floss under the gumline around your new restorations makes them susceptible to decay and periodontal disease. This is one thing we will check at each of your 3 visits per year.
 - c. Mouth Rinses.