

Root Canal Treatment Post Operative Instructions

Congratulations on successfully completing your root canal! The following instructions will help you care for your tooth as it heals over the next few days and weeks.

1. The most effective medicine for a sore tooth after a root canal is Ibuprofen (Motrin IB, Advil, etc.). Unless otherwise directed by your doctor, we recommend that you take 600mg (three 200 mg tablets) of Ibuprofen every 6 hours for the next 2-3 days.
2. The tooth will be very sore to biting pressure. Avoid eating on this tooth for several days- chew on the other side of the mouth and eat a very soft diet. The pressure sensitivity will gradually subside.
3. Because of the root canal, the tooth will no longer feel temperature changes. It is fine to drink hot or cold liquids on that side.
4. It is important to brush and floss in order for the tissue around the tooth to stay healthy. The tooth will be very sensitive when you try to brush and floss, so do so gently.
5. If we gave you a prescription for an antibiotic, please get it filled on your way home from your appointment and begin taking it as directed.
6. Your root canal has been sealed with a temporary restoration. We will contact you for your next appointment as soon as the permanent is returned from the lab. This will take approximately 6 weeks.
7. It will take a little while for your tooth to completely heal. Please give it the time it needs. However, if you have excessive pain, questions about your treatment, or any other concerns. Please do not hesitate to give us a call at the **office (548-6480)**. If you need to talk to Dr. Blank after office hours, you can reach him at home at (803) 324-5731 or through the **emergency line at 984-3907**.